

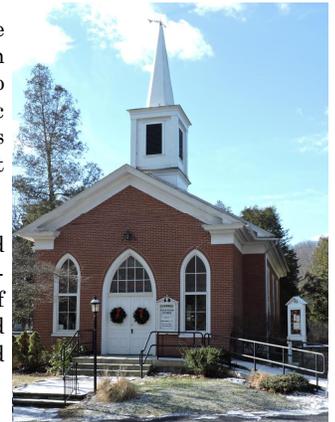
## Historical Association Announces Winners of 12<sup>th</sup> Annual Historic Preservation Awards



*Jane Maughan Law Office - PEP Commercial Property Winner*

The Monroe County Historical Association is pleased to announce the 2017 P.E.P (Preserve, Enhance, Promote) Historical Preservation awards. Owners of historic buildings who have shown their dedication to preserving, enhancing, and promoting Monroe County's wealth of historic structures will be honored at the Monroe County Historical Association's Annual Meeting and Awards Luncheon on Sunday, February 26, 2017 at the Shawnee Inn and Golf Resort, Shawnee-on-Delaware.

Three categories of buildings were judged: Commercial, Non-Profit, and Private Residence. The 2017 winners in the three categories are: Commercial Property – Jane Maughan Law Office, Ann Street, Borough of Stroudsburg; Non-Profit – Shawnee Presbyterian Church, Smithfield Township; and Residential Property – “The Kennedy Residence” owned by Robert and Gina Kennedy, Hamilton Township.



*Shawnee Presbyterian Church - PEP Non-Profit Building Winner*

The Heritage Resource Award will be given to the volunteers of the Tobyhanna Ice Harvest of Coolbaugh Township in recognition of their efforts to provide a historical experience and educational opportunities for the visiting public.



*“The Kennedy Residence” - PEP Residential Property Winner*

Monroe County Historical Association Executive Director Amy Leiser said, “Our organization is pleased to recognize the owners of these historic properties and the volunteers who help keep our past alive. We appreciate their dedication in helping to maintain the historic fabric of our community.”

Leiser also commented, “This is the 12<sup>th</sup> year we’ve acknowledged owners of historic properties. We are always looking for additional structures to highlight and we welcome suggestions of other Monroe County sites that deserve recognition.”

The cost for the luncheon meeting is \$35.00 for MCHA members and \$40.00 for non-members. The public is welcome and encouraged to attend. Reservations, with payment, should be made at the Monroe County Historical Association, 900 Main Street, Stroudsburg, before Friday, February 17, 2017. For more information, please contact the office at (570) 421-7703 or [admin@MonroeHistorical.org](mailto:admin@MonroeHistorical.org)

The Monroe County Historical Association is a cultural and learning center that assists our diverse community of residents and visitors in connecting the county's past with the present. Visit the web site at [www.monroehistorical.org](http://www.monroehistorical.org) for more information on the organization and to learn more about these properties.

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### GPCC MISSION STATEMENT

Act as A Unified Voice of Business  
Dedicated to the Prosperity of all  
Commerce  
Leading to the Enhancement of  
the Quality of Life in our region and surrounding areas.

## March 2017 Calendar of Events

- March 3**.....*Government Relations/Public Policy Committee*  
8:00 a.m. - Stroud Township  
Municipal Building - Stroudsburg
- March 8**.....*Education Committee*  
11:00 a.m.- PA CareerLink -  
Tannersville
- March 9**.....*Free Business Seminar*  
8:30 a.m. - Holiday Inn Express -  
Stroudsburg
- March 14**.....*Women In Business Luncheon*  
Noon - *Peppe's Bistro* -  
East Stroudsburg
- March 15**.....*Digital Strategies Committee*  
10:00 a.m.- GPCC
- March 16**.....*Business Card Exchange*  
5:30 p.m. - Ray Price Mt. Pocono Ford -  
Mt. Pocono
- March 21**.....*Economic Outlook Dinner*  
5:30 p.m. - Ridgecrest at Stroudsmoor  
Country Inn - Stroudsburg
- March 22**.....*Women in Business Committee*  
8:30 a.m. - GPCC
- March 28**.....*Board of Directors*  
8:30 a.m.- ESU Innovation Center  
East Stroudsburg

### LEADS WANTED!!!!

If you are aware of a new or existing business in the Greater Pocono region that might be interested in learning more about the various benefits of chamber membership, please contact Patricia Metzgar at 570.421.4433 or email to [pmetzgar@greaterpoconochamber.com](mailto:pmetzgar@greaterpoconochamber.com).

## Members in the News

### Be the Change! Join United Way's Community Investment Team

With United Way of Monroe County's campaign ending March 31, there is still time to contribute to this year's campaign. It is also time to begin investing the funds raised through the campaign into United Way's four Community Impact Initiatives identified as the greatest priorities in United Way's recently completed community needs assessment for Monroe County. To aid in this, United Way is looking for volunteers to become a part of United Way's Community Investment team.

Since United Way raises funds from the community for programs that benefit the community, it also feels that it is critical to have community volunteers participate in making decisions on how funds are best spent. Volunteers come from all over the county and have diverse backgrounds, but share a common goal of helping those in need. In addition, volunteers are needed to serve on the community investment finance panel to review financial documentation submitted by agencies as part of their proposals.

Participation requires attendance at an orientation meeting on Thursday, March 9, from 9:00 a.m. to 11:00 a.m. at Northampton Community College's Monroe campus. Volunteers who attend the orientation will be placed into panels focused on each of United Way's four Community Impact Initiatives: Enhancing Food Access, Supporting Working Families, Providing a Safety Net, and Connecting our Community. Participants will have the opportunity to meet other volunteers and representatives from United Way's partner agencies. The process runs through early April. The time commitment can range from 20 to 30 hours, with each panel setting up its own meeting schedule. Throughout the process, volunteers will review and make recommendations related to program proposals submitted by local non-profits seeking funding and support. The process includes site visits to agencies to ensure that the dollars invested in the community are generating the greatest impact in improving people's lives in our community.

To register for either the finance panel or program panels, visit [www.unitedwaymonroe.org](http://www.unitedwaymonroe.org) and click "Volunteer". The deadline to register for the finance panel is Friday, February 17, 2017; the deadline to register for the program panel is Friday, March 3, 2017.

## Scavello Renews Push to Reduce Littering

Senator Mario Scavello (R-40) has re-introduced legislation to reduce littering across Pennsylvania by increasing fines for the offense.

Currently, fines for littering under Title 18 (Crimes and Offenses) run from \$50 to \$300 for a first-time offense, and \$300 to \$1,000 for a second and subsequent offense. Under Senate Bill 431, fines would be increased up to \$2,000 for multiple offenses, based on the size and weight of litter.

In addition, the measure would increase the littering fines outlined in Title 75 (Vehicles), with heavier penalties for littering in an agriculture security area.

“When you look at all of the trash along our roadways and at illegal dump sites, it’s clear that the current fines are not enough to deter this crime,” said Scavello. “Littering is like graffiti and other acts of vandalism – when people engage in it without fear of punishment, it sends the message that no one cares and leads to more litter. Well, people do care. It’s bad for civic pride and bad for the environment, and we should do more to deter it.”

Scavello introduced a similar bill in the previous legislative session, securing unanimous approval by the Senate. The measure did not receive a vote by the House of Representatives prior to the end of session.

*You can follow Senator Scavello on Twitter and Facebook.*

## AAA North Penn Selects Cruise Winner



*From l to r: Stephanie Mennella, Stroudsburg Office Travel Agent, Troy Gulick, Heather Gulick, Hannah Gulick, Tracy Lynch, Stroudsburg Office Manager*

AAA recently selected one lucky winner for a 4- to 5-Night Royal Caribbean Cruise. Troy Gulick and his family gladly accepted the travel certificate good for a cruise for two. The contest was part of the AAA North Penn Auto Renewal contest program. All members that signed up for Auto Renewal in 2016 were entered for a chance to win. The Auto Renew contest has been extended for 2017 in which one lucky winner will be selected again on December 31, 2017. For more information members can visit their local office or call 1-800-982-4306. View membership options at [www.AAA.com/membership](http://www.AAA.com/membership).

## AAA North Penn Employees Celebrate Years of Service

A group of AAA North Penn employees were recently honored at the Annual Employee Recognition Luncheon for their years of service with the company. Years of service

ranged from 5 to 45 years of service! AAA North Penn is very proud of its employees for reaching such milestones.



*From left to right back row: Katherine Lundy, Cindy Welshans, Denise Bittenbender, Colleen Burns, Laurie Kohut, Kim Irvin, Carmita Kearney, Ellen Dunleavy, August Perrotti, Joseph Maceyko, Marsha Carrrescia. From row: Candice Jenkins, Marian Reidenbach, Danielle Jones, Diane Murrin, Kathy Menichiello, Ellen Booth.*

AAA serves AAA members in the following area(s): Lackawanna, Monroe, Lycoming, Wayne, Bradford, Susquehanna, Pike, Tioga, Wyoming, Potter and Sullivan Counties. For more information call 1-800-377-4222 or [www.aaa.com](http://www.aaa.com).

## Local insurance agency teddy bear project benefits the Pocono Township Police Department

Frailey Insurance and Financial Services’ team, their members, and the public are asked to help collect teddy bears. During the months of March through May, teddy bears (12” or less in height) can be dropped off at their office, 1286 N. Ninth Street, Stroudsburg and the Pocono Township Police Department, 110 Township Drive, Tannersville.

Sergeant Shawn Goucher states, “We use these teddy bears when responding to emergency situations where a child is a victim, or affected by a loved one being a victim. The bears help to comfort the children and help to gain their trust and confidence.”

“It also shows the children the officers are there to help, and reduces the emotional stress thrust upon children in a time of crisis. These bears have become so important that they are part of the standard equipment that the officers carry every day,” states Kent J. Werkheiser, Chief of Police.

If you would like to help, you may contact Frailey Insurance and Financial Services at 570-421-7447 or stop by and talk to JoAnn or Josephine.

## American Heart Association Loves St. Luke’s Babies’ Hearts

Babies born in February at St. Luke’s University Health Network will be the stylish recipients of red hats provided by generous volunteer knitters who have donated thou-

sands of their creations to the American Heart Association (AHA).

The AHA delivered 300 lovingly-crafted hats to St. Luke's on February 3 to remind parents that February is heart month and to draw attention to the issue of congenital heart defects. Mostly driven by social media, the program started in the Midwest but has become a national initiative, says Dawn Fernandez, social events director for the Lehigh Valley Chapter of the American Heart Association.



From l to r: Sara Dickey, Heart Walk Director; Dawn Fernandez, Social Events Director; Maeve O'Donnell; Susan Tindall, Maeve's mom, and Mary Toole, a St. Luke's patient care manager

Two years ago, Pennsylvania legislators passed a law requiring all newborns to receive a pulse oximetry test that detects many congenital heart defects, Fernandez says. The test is useful for identifying conditions that, if undetected, could cause future issues.



Maeve O'Donnell wearing a hand-knitted red hat

"Our knitters get very creative," she says, "Some have knitted little hearts into the pattern and others use sparkly yarn. We provide a pattern to follow and directions for different sizes of hats. Some of the smallest hats you've ever seen are for premies and then we provide directions to make hats for 9- and 10-pound babies, too."

St. Luke's nurses are very excited about distributing the hats to the families on the labor and delivery floors, she says, and the AHA gets thanks-yous from them saying they feel "honored to be a part of the event," Fernandez says.

Jared King, St. Luke's Women's and Children's Service Administrator is grateful for the effort, the hats and the program.

"St. Luke's is incredibly appreciative of the American Heart Association and its kind volunteers who have devoted endless hours to knitting these hats, ultimately raising awareness about congenital heart defects with families across the region. This directly aligns with our continuous focus to identify congenital heart defects prenatally and care for those affected throughout their lives as children and adults," King said.

The little red hats bring smiles to everyone's faces and help keep babies warm as they leave for home in the chilly February weather.

"We want to thank all of our knitters," Fernandez says, "Without them, this wouldn't happen."

## 5 Things to Know About Twins

Among the hot news out of Hollywood this week is the glimpse into the family life of George and Amal Clooney who announced they are expecting twins in June.

**St. Luke's OB/GYN** Holli Warholic, DO, offers five interesting facts about twins you may not have known:

1. Identical twins do not have identical fingerprints.
2. The autonomous language often created and shared between twins is called idioglossia.
3. In 2009, 1 in every 30 babies born in the United States was a twin, compared with 1 in every 53 babies in 1980.
4. Identical twins come from the same egg that splits after fertilization. Fraternal twins are from two separate eggs that each get fertilized. Rare twin types include "half identical twins" which occurs when an egg splits and each half is fertilized. Another is mirror image twins which are identical twins who develop asymmetrically.
5. The body is well equipped to make enough milk to breast feed twins and other multiples. It's all about supply and demand, and the body will make enough milk to keep up with the demands of twins.

For more information on pregnancy, birth, obstetric and/or gynecological services, please visit [womens.slhn.org](http://womens.slhn.org) or call 1-866-STLUKES.

## St. Luke's: How to Keep Children Safe, Healthy and Happy in Winter

To every parent's dismay, children do not come with instruction manuals. But, to the rescue, St. Luke's University Health Network provides excellent ways to beat the cabin fever and wintertime blues:

**Kids in Winter:** What to do with them, and how to keep them safe and healthy

Children in the wintertime can present a challenge. You want to keep them active, but perhaps you're not all that enthused yourself at being in the great outdoors when the wind chill is registering -10 degrees. You want to keep them safe, but you know the thrill of sledding down a hill, too. And you want to keep them healthy, but every other person has a sniffly nose or that annoying cough. What is a parent to do?

### **Activities**

Depending on the age of your child, there are lots of options for outdoor winter activities. Akiko Kawamura, MD, of St. Luke's Allentown Pediatrics recommends, "You'll use your judgment, based on the age, maturity, and size of your child, as to the degree of supervision they need." As a rough guideline, children younger than seven should always have a watchful parent nearby; from eight to middle-school age, a parent should be around and available; for middle schoolers, parents need to exercise enough caution for safety and allow enough latitude for independence.

For kids of any age, snow is a great play surface. It comes with a few safety precautions, of course. Dr. Kawamura counsels, "While anyone can build a snowman or make a snow angel in a nearby backyard or park, watch little kids for overexposure — they won't really register when they get too cold — and make sure everyone's outermost layer is waterproof or water resistant."

Sledding involves a few more safety tips. Make sure the area is not dangerously steep or crowded and is free from motor vehicles — and that no fences, trees or other barriers interfere with a smooth run. Younger kids should be well-supervised — and kept separate from older kids where possible, so that they don't get in the way of faster sleds (or risky ideas); children under the age of five should not sled alone. Check the sled itself for smooth edges, lubricated steering and straight runners for an easier ride. The American Academy of Pediatrics (AAP) recommends that children sled feet first or sitting up, as this may prevent head injuries; the AAP also suggests that you consider having your child wear a helmet — hockey, not bicycle — while sledding.

That indoor skating rink is a great feature to take advantage of in the winter as well. Remember that your kids need to pay attention to regulations: skate with the flow and don't eat or chew candy while skating. Public sessions are not a good time for grandstanding: tell the kids to save the darting-in-and-out moves they perfected in hockey or

the back crossovers they learned in figure skating for regular practice ice.

Snowboarding and downhill skiing are best taught by qualified instructors. You can rent equipment at most reputable venues before purchase, a good way for your kids to test out the sport before investing too much money. Cross-country skiing is a great activity for the whole family, and once learned, can be used even in a local park after a heavy snow.

When the temperatures are too chilly, however, it's time to turn to indoor activities. Bowling, the movies, and indoor playgrounds are good to keep in reserve for long stretches of bad weather. For that one-day blustery affair, only use "screens" like computers and television as a last resort, because you want your kids to be able to release some physical energy.

Haul out the building toys (even older kids can get into building cities and science fiction scenarios), art supplies, and board games. Baking and cooking are fun ways to let off steam, too; the level of supervision needed is based on your kids' age and experience. (Make soup! Standbys like chicken soup and bone broth are easy to make and will warm up your kids while giving them protein, vitamins, and minerals.) And you can pull out that deck of cards; many a child has been tricked into learning multiplication by "beating" his parents at improvised card games that teach math skills.

### **Health and Safety**

More important than bundling up — for which layers are best — is staying dry. Make sure extremities like noses, toes, and fingers are protected to ensure against frostbite. And Dr. Kawamura advises that you keep hypothermia away in frigid conditions by dressing your kids warmly and preventing them from getting wet. Since kids succumb faster than adults, limit time outdoors when it is very cold and watch for shivering or lethargy, signs of this dangerous condition. (The AAP advises you to call 911 if you notice these symptoms, and get your child dry and warm immediately.)

When it's cold outside, the air inside can be over-dry, a frequent cause of nosebleeds. Keep a humidifier in your child's room (sometimes they are noisy; a compromise is to keep them on until your child goes to sleep, which may humidify the air just enough to make a difference) to prevent nasal tissue from drying out; saline mists can also help.

Don't forget — the sun reflecting off snow and ice can cause sunburn. If your children are going to be outside for extended periods of time, dig into your beach bag for that sunscreen; sunglasses can also help them against winter glare.

Dr. Kawamura goes on to say, "Important all year around, hand-washing — that old standby — is even more vital during the winter, when germs and viruses have lots of

accessible, enclosed targets.” Make sure your children wash their hands often at home *and* at school. (A small bottle of liquid hand sanitizer fits easily into a backpack.)

With the right preparation, you and your children can enjoy a fun, injury-and-illness-free season.

PPL is pleased to announce that PPL Electric Utilities has been chosen for a U.S. Department of Energy grant that supports our work to smoothly connect distributed generation installations to our delivery network.

PPL will leverage its advanced smart grid technology in a new, innovative pilot project to help ensure that increasing amounts of solar and other customer-owned generation can be integrated into the electric grid while keeping electric service safe and reliable for all customers.

PPL welcomes these new technologies, and is in the best position to maintain the integrity of the grid as more and more customers adopt them. It's one more way that we are providing safe and reliable service for all customers in today's changing environment.

We look forward to working with our technology and development partners to move this project ahead. We'll share more information with all of our stakeholders as we progress.

### **NCC Students to Benefit from PPL Foundation STEM Scholarship**

Financial need shouldn't stop promising students from pursuing science, math, engineering or technology careers. A new scholarship at Northampton Community College, funded by the PPL Foundation, will help break down that barrier.

The college recently received a \$25,000 grant from the foundation to create the PPL STEM Scholarship, which will support young people interested in these critical areas of study.

The scholarship will be given to an academically talented student with financial need from one of NCC's eight sponsoring school districts – Bangor Area, Bethlehem Area, Easton Area, Nazareth Area, Northampton Area, Pen Argyl Area, Saucon Valley, and Wilson Area.

“Northampton Community College is grateful to the PPL Foundation for its generous support in providing a scholarship opportunity to a deserving and talented NCC student. It is because of companies like PPL that our students are able to afford an education for a brighter future, creating an environment where they can increase their skills, explore new opportunities, and make progress toward their goals,” said Elyse Hoban, director of scholarship programs at NCC.

Hoban said students who plan to attend the college and have an interest in STEM can apply for this scholarship and others at: <http://northampton.edu/admissions/tuition-financial-aid-scholarships/scholarships.htm>.

The PPL Foundation awards grants through a competitive application and review process. Its focus areas are education, workforce development and community revitalization. The foundation's giving in 2016 totaled more than \$2 million.

“PPL understands that a good education, at all levels, is critical to success,” said Carol Obando-Derstine, regional affairs director for PPL in the Lehigh Valley. “We are committed to helping NCC students pursue their dreams of working in STEM-related careers because we know that a strong workforce in these areas is critical to our region's future success.”

### **Wayne Bank's Best Ways to Benefit from Your Home's Equity in 2017**

At some point in your life, you will probably encounter a situation in which you need money that you don't have readily available. It could be for an unexpected expense, a home improvement project, or even helping to finance your child's education. So what do you do if one of these situations arises and you don't have the money you need? A home equity loan or line of credit can be a smart and convenient option.

Similar to a mortgage, a home equity loan allows you to borrow a lump sum and pay it back over a fixed term at a fixed interest rate. A home equity line of credit, or HELOC, works more like a credit card in that it makes a certain amount of credit available to you as you need it, for a limited term. A HELOC also has an adjustable rate that changes with the market, which means that your payments will fluctuate with changes in interest rates and will vary as your balance changes. Therefore, a home equity loan makes sense if you need a large amount of money all at once, whereas a HELOC is better if you need to borrow smaller amounts over a longer period of time.

“An added benefit of owning your own home is being able to use the equity you've built in it,” explains Pilar Cueva, Wayne Bank's Vice President and Regional Community Office Manager for Monroe County. “A home equity loan can help you to free up some cash quickly by using your home's valuable equity. This is money you most likely won't see unless your home is sold for a profit, which is why home equity loans are appealing to so many homeowners.”

With that in mind, the home loan experts at Wayne Bank have compiled a list of some of the best ways that a home equity loan or line of credit can help you reach your financial goals in 2017.

**Home Improvement** is the most common use of home

equity loans and HELOCS. If you're looking to remodel, add an addition, update your kitchen, finish your basement, or build a garage, using your home's equity can be a smart move. The possibilities are endless and the opportunity is especially attractive if your home has risen in value since its purchase, giving you added equity.

**Major Purchases** are another popular way to take advantage of the equity in your home. Whether you're looking to purchase a new car, a boat, or even take that dream vacation you're always talking about, a home equity loan or HELOC can help you obtain your goal.

**College** costs can be overwhelming these days and home equity loans can help you finance your child's education without having to struggle to come up with the funds required. The interest rate may also be lower and the maximum loan amount higher than some other types of education financing.

**Debt Consolidation** can be a huge benefit of using your home's equity. Home equity loans can help you to pay off car loans, credit cards, or other personal debt, while many times even enabling you to pay a lot less in interest. This is particularly true in the case of credit cards, which are unsecured. Home Equity and HELOC loans are both secured by your home, so the interest rate will be much lower.

**Emergency Savings** are always a smart idea and home equity loans, especially HELOCS, can offer you a convenient way to have easy access to extra money, should the need arise.

For more information on home equity loans, stop by your local Wayne Bank Community Office or visit [www.waynebank.com](http://www.waynebank.com). Wayne Bank's home equity experts will also be available at Wayne Bank's booth during the Greater Pocono Home & Outdoor Living Show at Kalahari Resort on Saturday, March 25<sup>th</sup> and Sunday, March 26<sup>th</sup>.

### **Sen. Scavello, Rep. Hahn Joined by Families, Advocates to Announce Spinal Cord Disability Research Legislation**

State Senator Mario Scavello (R-40) and Rep. Marcia Hahn (R-138) today were joined by families and advocates to announce legislation to fund spinal cord disability research in Pennsylvania.

Senate Bill 31 would create the Spinal Cord Disability Research Grant Program aimed at discovering new and innovative treatments and rehabilitative efforts for spinal cord disabilities. The legislation would invest \$1 million into a grant program that awards grants to research institutions for research into spinal cord injuries.

"People with spinal cord disabilities need our support and one million dollars for research can go a long way in ensuring that these individuals can live a vital life," Scavello

said. "Pennsylvania has led the charge on many medical breakthroughs with our talented research universities and vibrant medical landscape. If there is a breakthrough out there that will provide boundless opportunities and positive impacts on the lives of people with spinal cord disabilities in Pennsylvania and across the nation, we should provide the tools and take a leading role in this effort."

Joining Senator Scavello and families was Rep. Marcia Hahn (R-138), who is sponsoring similar legislation in the House of Representatives.

"I am proud to author House Bill 385, the companion piece to Senator Scavello's legislation, said Hahn. "There are approximately 12,000 new cases of spinal cord injury each year in the United States and experts believe we are approaching the day when repair of spinal cord injuries is possible. Our legislation would move us even closer to that day."

Pennsylvania would join a dozen other states, including New Jersey, Ohio, New York, Maryland and Virginia, supporting this effort. Many of these states now represent the cutting edge in spinal cord research and have made extensive breakthroughs in a short period of time.

### **Lehigh Valley Hospital–Pocono's ESSA Heart and Vascular Institute celebrates its 10-year anniversary.**

Lehigh Valley Hospital–Pocono (LVH–Pocono) is marking the 10-year anniversary for its ESSA Heart and Vascular Institute in delivering comprehensive cardiac care to Monroe County and the surrounding areas.

Since the ESSA Heart and Vascular Institute's inception back in 2006, the facility has performed over 1,700 open heart surgeries while offering a full complement of cardiac services through its cardiac catheterization lab and electrophysiology (EP) lab.

"It's been a dramatic, stellar transformation of cardiovascular care in the region, with people being able to stay in their own community for treatment—innumerable lives saved," says cardiothoracic surgeon, Dr. Nche Zama, MD.

Zama began at LVH–Pocono with the start of the program and today serves as the area's only cardiothoracic surgeon. Zama, who completed his fellowship in cardiothoracic surgery at Harvard Medical School, is recognized for his quality.

According to a just-released Pennsylvania Health Care Cost Containment Council (PHC4) report, Zama performed 226 coronary artery bypass grafts (CABG) – a procedure used to treat patients with a blockage in a coronary artery – between Jan. 2014 and Mar. 2016. The number of cases performed places him among the top ten physicians in the state. Most importantly, the in-hospital survival rate for those patients was 100 percent.

One of Zama's patients in particular vowed his commitment to Zama and the care he received at LVH-Pocono. "I was very pleased with him [Zama]. If I ever had to have surgery again, I'd never hesitate to call on Dr. Zama," says Frank Roccanova of Bartonsville, Pa. Roccanova was Zama's fifth-ever patient during his first year at LVH-Pocono and continues to talk about the care he received ten years later.

Roccanova has been a volunteer at LVH-Pocono for the past 15 years. He retired in 1995, lived in New York until 1999 and then moved to the Poconos. He began volunteering soon after and now works two days a week working in the hospital wherever he's needed on Wednesdays and Fridays.

After his surgery and recovery, Frank began volunteering in the hospital's *Heart to Heart* program talking with patients who would soon be undergoing open-heart surgery as well as their families about what they could expect during and after surgery.

"When I talked to the patients, I felt good knowing I had Dr. Zama behind me. That made it easy to tell people that everything would be okay," Roccanova says.

Zama is excited about the further transformation of care he expects will be delivered at the ESSA Heart and Vascular Institute because of the recent merger with Lehigh Valley Health Network (LVHN). "Under the new banner of Lehigh Valley Hospital-Pocono and Lehigh Valley Health Network, we are poised to serve the region at an increased level of intensity by utilizing the enviable, state-of-the-art technology to advance cardiovascular care to a level comparable to the best centers," Zama says.

### **Pocono Raceway Weekend NASCAR Schedules Announced**

Pocono Raceway today announced the official race weekend schedule for its 2017 NASCAR race weekends.

Pocono Raceway will host a pair of Monster Energy NASCAR Cup Series weekends at the 2.5-mile "Tricky Triangle" this summer.

The schedule below features on-track action for the Monster Energy NASCAR Cup Series, the NASCAR XFINITY Series, the NASCAR Camping World Truck Series and the ARCA Racing Series presented by Menards.

Please note this schedule is tentative and subject to change.

#### **POCONO 400 (June 9-11)**

##### **FRIDAY, JUNE 9**

**Monster Energy NASCAR Cup Series:** Practice (11 a.m.) and qualifying (4:15 p.m.)

**NASCAR XFINITY Series:** Final practice (1 p.m.)

**ARCA:** Practice (9:30 a.m.), qualifying (2 p.m.) and the General Tire #AnywheresPossible 200 (5:45 p.m.)

#### **SATURDAY, JUNE 10**

**Monster Energy NASCAR Cup Series:** Final practice (11:30 a.m.)

**NASCAR XFINITY Series:** Qualifying (9:30 a.m.) and the Pocono Green 250 (1 p.m.)

#### **SUNDAY, JUNE 11**

**Monster Energy NASCAR Cup Series:** Pocono 400 (3 p.m.)

#### **PENNSYLVANIA 400 (July 28-30)**

##### **FRIDAY, JULY 28**

**Monster Energy NASCAR Cup Series:** Fan fest  
**NASCAR Camping World Truck Series:** Practice (1 p.m.)

**ARCA:** Practice (10:30 a.m.), qualifying (3 p.m.) and the ARCA Series 150 (5 p.m.)

#### **SATURDAY, JULY 29**

**Monster Energy NASCAR Cup Series:** Practice (8:30 a.m.) and final practice (11 a.m.)

**NASCAR Camping World Truck Series:** Qualifying (9:35 a.m.) and the Pocono Mountains 150 (12:30 p.m.)

#### **SUNDAY, JULY 30**

**Monster Energy NASCAR Cup Series:** Qualifying (12:05 p.m.) and Pennsylvania 400 (3 p.m.)

Pocono Raceway will host seven major events in 2017, including two NASCAR and one Verizon IndyCar Series weekend. Tickets can be purchased on-line at [www.poconoraceway.com](http://www.poconoraceway.com), by calling 1-800-RACEWAY or in person at the Pocono Raceway Ticket Office.

**United Way** is wrapping up its 2016 annual campaign, having raised approximately \$800,000 in community donations. United Way is now looking for volunteers to help decide how to invest those dollars into targeted programs across the county. Volunteers who sign up will be placed into panels focused on each of United Way's new Community Impact Initiatives: Enhancing Food Access, Supporting Working Families or Providing a Safety Net.

Volunteers who join this efforts will get the chance to review and make recommendations related to program proposals submitted by local non-profits seeking funding and support. Volunteers will have the opportunity to meet other volunteers and representatives from United Way's partner agencies as we discuss the best ways to achieve the greatest positive impact in our community. The process also includes site visits to agencies to ensure that the dollars invested in the community are generating the greatest impact in improving people's lives in our community.

The process starts on March 9 and goes through early April. The time commitment can range from 20 to 30 hours, with each panel setting up its own meeting schedule. To register, visit [www.unitedwaymonroe.org](http://www.unitedwaymonroe.org) and click "Volunteer". The deadline to register is Friday, March 3, 2017!

## Pocono Pistol Range Makes Cancer Donation

During their third year of fundraising for the *Hope for Strength Breast Cancer Fund*, the Pocono Pistol Range raised \$1,108.00.



From l to r: Harry Miller, Rich Cippola, Dezi S., Billy Coad, Mitch and Carole' Ann F. Bowyer

This was accomplished through the support of members, customers and staff, donating a portion of proceeds from Ladies' Night, and general donations.

## An Update from PPL Electric Utilities

By Alana Roberts  
March 2017

If you've been out at night recently and seen small flashing lights along the electric lines, you might have wondered what they were. You might even have been concerned.

Well, there's good news: What you saw weren't sparks, and there's no need for alarm.



Fault Indicator

What you really saw were devices on the electricity network that help provide strong service – but sometimes cause some public confusion.

As part of efforts to increase reliability and more quickly

restore outages, we've placed fault indicators on many power lines. These devices are small enough to be held in the hand, and can be moved from place to place on the network.

If these devices sense problems on the line, their lights will start blinking. They provide information about the location of the problem and serve as a guide for repair crews.

Some customers mistake the flashing indicator for sparking wires or a wire fire and call their local 911 center. We're working to share information on fault indicators with the public, so customers recognize the devices and are less likely to call first responders when they see one. (Of course, you should still call in case of a real emergency.) We're also sharing info with fire and police departments so they can recognize these devices if they receive a call.

If you have questions about fault indicators – or you want to report a real emergency, such as a downed wire – don't hesitate to call 1-800-DIAL-PPL (342-5775).

Fault indicators are just one example of new technology helping to keep the lights on.

We'll also be installing hundreds of additional smart grid devices on the electricity network this year, including some in your area.

Smart grid technology can automatically reroute power around the scene of an outage, restoring many customers to service within minutes. Smart grid devices are already on duty across our 29-county service area, and the ones we're adding this year will improve outage response still further.

You might also see one of our new bucket trucks with electric-powered lifts. These trucks are environmentally friendly because our crews no longer have to keep the engine running to power the lift. (They're also a lot quieter as a result. While you might *see* one of these trucks on duty, you're a lot less likely to *hear* it.)

These are all examples of technology Thomas Edison never dreamed of – and who knows, maybe if he saw a fault indicator, he'd wonder what it was too. But there's no need for concern about these small flashing lights in the night.

## Nationwide Thanks Local Agent

Michael J. Frailey, LUTCF

For the past three years, Michael J. Frailey, of Frailey Insurance and Financial Services served on the Nationwide National Agent Advisory Council. During that time he met with the President and Senior Officers of Nationwide Insurance Company.

Frailey's input and feedback was instrumental in giving senior leaders insight as they worked their way through the many agency changes Nationwide is now implementing. Through discussions about client retention, member



Michael Frailey

relationships, industry growth, company direction and future plans, Nationwide gained a different perspective about their members needs and what type of services they require. "Our members are now better served as these discussions result in a better insurance experience and overall value for our Monroe County residents," states Frailey.

Frailey Insurance and Financial Services is located at 1286 N. Ninth Street in Stroudsburg, PA.

## Ribbon Cuttings (cont'd)

### Rosé Rosa



Rosé Rosa Jewelry held a ribbon cutting to celebrate the opening of their new store. They are located on 107 East Brown Street, Suite 400 in East Stroudsburg, PA. They offer custom made jewelry, which is created in their own workshop. For more information, they can be reached at 570.424.8181, or you can visit their website at [www.roserosa.com](http://www.roserosa.com).

## Ribbon Cuttings

### Phoenix Athletica



Phoenix Athletica recently held a ribbon cutting to celebrate their grand opening. They are located on 2564 Route 940 in Pocono Summit, PA. They specialize in individual and group class programming. For more information on the services that they provide, they can be reached at 570.243.8880 or visit their website at [www.phoenixathletica.com](http://www.phoenixathletica.com)

### TCC/The Cellular Connection



TCC/The Cellular Connection held a ribbon cutting for their new store located at 1000 Premium Outlets Drive, Suite B-04 at The Crossings in Tannersville, PA. They are a Verizon authorized retailer offering cell phones, wireless plans, accessories, and more. They can be reached at 570.619.4010. or visit their website at [www.tccrocks.com](http://www.tccrocks.com).



BAYADA Hospice of East Stroudsburg, PA will be offering an 8 week *Bereavement Support Group* entitled, **The ART of GRIEF**. These sessions will be held at their offices on **529 Seven Bridge Road, Suite 214, East Stroudsburg, PA, 18301**.

The act of creating any piece of art, whether it is a painting, a sculpture, a poem or a sonata requires bringing together ideas, sentiments, notions, tangible medium, and thoughts that are within us and all around us. It is much the same as the therapeutic process itself. Things must be brought up and out of us to enable healing and growth.

It makes perfect sense that as individuals in the path of therapeutic healing amid death and dying; grief and grieving, that we should turn to the use of the arts in order to replicate the process of therapy with the plasticity of form.

Grief support in the community has often found it's most noted and familiar application in verbal content / didactic formats. There is sufficient need in the community for the professional resources to enhance these verbal content /didactic formats with non-verbal content / disclosure formats that enable self-discovery and self-disclosure.

Therapeutic modalities that include art are critical. Both formats are part of the healing process and should be available in therapeutic circles. People need to allow themselves to enter into nonverbal treatments and apply interior remedies—antidotes from within—as well as discuss the formal data on healing amid grief.

This program will be designed to address verbal forms of communicating ones grief and loss, while it will provide space for people to open up and do some interior work that will touch on often non-disclosed matter. This is supported and nurtured by the use of artistic media.

The sessions will be held from **10:00 am - 11:30 am** on Tuesdays of March and April 2017.

Those dates are: **7, 14, 21, 28 March 2017** and **4, 11, 18 25 April 2017**

**The themes for the 8 Modules are as follows:**

- Memories of the one who died
- How life has changed
- Things we did that gave me strength
- Places we connected
- People who try to comfort
- What has been my strength now
- How do I hear them now
- What have I learned about myself

Please invite your clients and or staff to join us for this powerful program of mending amid loss. The ART of GRIEF is for those who have lost a loved one and wish to heal.

Space is limited so RSVP today to 484.509.7411 or [tjohnson-medland@BAYADA.com](mailto:tjohnson-medland@BAYADA.com)

The program is FREE.

2017

# COMMUNITY NIGHT

MARCH 16, 6PM-8:30PM

NORTHAMPTON COMMUNITY COLLEGE,  
MONROE CAMPUS  
KEYSTONE HALL

SPONSORED BY:



BRING YOUR FAMILIES!

FREE!

## Come Check Out:

- 50+ Area Agencies
- Student Art Contest Display
- Learn How to Volunteer In Your Community
- Educational Workshops
- Kids Exploration Area
- Summer Camps & Activities
- Info

FOR MORE INFO PLEASE VISIT: [WWW.FACEBOOK.COM/MCC4F/](http://WWW.FACEBOOK.COM/MCC4F/)

# Community Night

Thursday, March 16th, 6:00 pm to 8:30 pm  
Northampton Community College Monroe Campus

WORKSHOPS OFFERED	
<b>Workshop 1 – Students Helping Students</b>	Aavidum, the latin word for “I’ve got your back”, is a student driven peer support program with suicide prevention at its core. Students from Pocono Mountain will discuss the initiatives and activities their Aavidum groups do to create a climate where all students are accepted, appreciated, acknowledged and cared for.
<b>Workshop 2 – Why Unity in our Community is Important</b>	Thomas Jones, President of Monroe County United, will present why unity in our community is so important and how you can get involved building relationships and breaking down barriers in Monroe County.
<b>Workshop 3 – Drug Awareness Education</b>	Chris Sorrentino from C-M-P Drug and Alcohol Commission will be presenting the latest information on substance abuse in Monroe County, information and resources to help you better understand the situation and opportunities for you to get involved to help yourself, a friend and/or a family member. Chris will also discuss the work of the Opiate Task force that meets monthly.
<b>Workshop 4 – Nutrition</b>	Dr. Beatriz Villar from Northampton Community College will provide great tips about the right nutrition for all ages and affordable healthy eating.

INTERACTIVE DISPLAYS	
<b>Local Police Departments CPR Training</b>	K-9s, Drug Safety, Trigger Safety, Impaired Goggles and More Adult and infant CPR training
<b>Drug Awareness for Parents</b>	Interactive teen bedroom for parents to explore where teenagers hide drugs. No children or teens allowed inside of the room.
<b>Kids Exploration Area (Ages 5 to 12)</b>	Pocono Wildlife and the Monroe County Conservation District will create hands-on displays for kids to explore and learn about animals. The Kids Activity Area will be a cool area set-up for children ages 5 to 12 to play games, do crafts and hang out.
<b>Student Art Contest</b>	All student art submitted for the 2017 Community Night Art Contest will be on display. 1 <sup>st</sup> , 2 <sup>nd</sup> , and 3 <sup>rd</sup> place winners will be announced.
<b>Bookmobile</b>	A mobile library that provides library materials and services to people of all ages. Sign-up for a library card during your visit.
<b>Therapy Dogs</b>	Therapy Dogs will be on-hand demonstrating how they help people.

## RESOURCE/INFO AREA

Aavidum; American Red Cross; Big Brothers Big Sisters; Boy Scouts; Career Link/Youth Employment Services; Catholic Social Services; Challenger Program; Children’s Advocacy Center (CAC); Children’s Roundtable; Colonial IU-20; Community Care Behavioral Health; Continuing Education (ESU and NCC); Court of Common Pleas of Monroe County; C-M-P Drug and Alcohol Commission; C-M-P Mental Health and Developmental Services (MH/DS); Eastern MC Public Library; Families Helping Families; Family Promise; FLECHA; Girls on the Run; Habitat for Humanity; Little League and Softball; MCTI; MC Area on Aging; MC Children and Youth Services; Law Enforcement (SARPD, PMRPD, Pocono Township, State Police); Lehigh Valley Health Network; Monroe County BAR Association/Legal Services; Monroe County Detective Unit; MC Conservation District; MC County Assistance; MC School Districts (ESASD, PVSD, PMSD, SASD); MC HUD; MC Veterans Affairs; MC Environmental Protection; NAACP; Monroe County United (MCU); Narcotics Anonymous Program; National Council of Negro Women; Nurse Family Partnerships; Office of the Sheriff County of Monroe; Opiate Task Force; Path to Change; Penn State Cooperative Extension; Pocono Alliance; Pocono Area Transitional Housing (PATH); Pocono Services for Families & Children (Head Start); Pocono Wildlife; Resources for Human Development (RHD); SADD; Salvation Army; Street2Feet Outreach Center; St. Luke’s Hospital; Suicide Prevention Coalition; United for Equality; United Way of MC; Valor Clinic; Women, Infants and Children (WIC); Women’s Resources; YMCA

### Other Cool Stuff

\*Music played by local high school musicians\* | \*Learn how to volunteer in your community!\*

# Teddy Bear Collection

The team at Frailey Insurance and Financial Services is partnering with the Pocono Township Police Dept. to collect new teddy bears for the Department to use when responding to emergency situations where a child is a victim, or affected by a loved one being a victim. The Police Officers use the bears to comfort the children and as a tool in gaining their trust and confidence. The bears help to show the children the officers are there to help, and assist in overcoming any mistrust the children may be feeling. The teddy bears have become so important that they are part of the standard equipment that the officers carry every day. Currently, the Department is facing a shortage of bears, and is asking for the community's support in replenishing its supply. Won't you please help us reduce the emotional stress thrust upon children in a time of crisis by donating a new teddy bear (12" or less in height) today?

**Questions or more Information:**  
570-421-7447



**Collection Dates:**  
March 1, 2017- May 1, 2017

**Collection Locations:**  
Frailey Insurance  
and Financial Services  
1286 N. Ninth Street Stroudsburg, PA

Pocono Township Police Department  
110 Township Drive Tannersville, PA



# STROUD MALL

# COMMUNITY DAY

## NON-PROFIT BUSINESSES AND ORGANIZATIONS

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**APRIL 8, 2017**

**10AM-5PM**

Stroud Mall is proud to be hosting a Community Day on April 8<sup>th</sup> from 10am-5pm for area non-profit businesses and organizations. NE PA Community Federal Credit Union is also assisting in making this event a success.

This opportunity will allow you to showcase your business or organization and help raise funds, showcase an upcoming event, or canvass for volunteers.

The cost for this event is \$50 per table. Coupons for discounts or specials from stores will also be included. Tables are on a first come first served basis.

If you are interested in attending, please call to reserve a table at (570) 424-2770. You will then need to sign the attached Indemnification Form. Include your check in the amount of \$50 made payable to NE PA Community FCU and mail to the address below. Or, you can drop everything off at the Stroud Mall Management Office, Monday-Friday 8:30am-5:00pm.

We hope you will take part in this very valuable and important Community Day!

Anita S. Mead

General Manager

Stroud Mall Management Office  
344 Stroud Mall Road  
Suite 454  
Stroudsburg, PA 18360

# Bizzy Awards

2017

**BUSINESS VS BUSINESS  
COMPETITION!**

**GET GREAT EXPOSURE BY  
SPONSORING THIS  
PREMIERE EVENT**

**CALL PAT METZGAR**

**570-421-4433**

**FOR MORE INFORMATION**

**[www.BizzyAwards.com](http://www.BizzyAwards.com)**



**A special facility tour demonstrating the cutting edge  
of vehicle service in the 21st Century!**

## **Ray Price Mt. Pocono Ford**



### **Business Card Exchange**

**2969 Rt. 940**

**Mt. Pocono, Pa 18344**

**Thursday, March 16th - 5:30-7:30**

**For Directions: 1-877-793-2231**

**RESERVATIONS A MUST! NO WALK INS!**

Free for Chamber members, \$30 non members

*For reservations, contact the Chamber at 570.421.4433 or email*

*[mconway@greaterpoconochamber.com](mailto:mconway@greaterpoconochamber.com) or  
[pmetzgar@greaterpoconochamber.com](mailto:pmetzgar@greaterpoconochamber.com)*



## Do you need to file a 2016 gift tax return by April 18?

Last year you may have made significant gifts to your children, grandchildren or other heirs as part of your estate planning strategy. Or perhaps you just wanted to provide loved ones with some helpful financial support. Regardless of the reason for making a gift, it's important to know under what circumstances you're required to file a gift tax return.

Some transfers require a return even if you don't owe tax. And sometimes it's desirable to file a return even if it isn't required.

### When filing *is* required

Generally, you'll need to file a gift tax return for 2016 if, during the tax year, you made gifts:

- That exceeded the \$14,000-per-recipient gift tax annual exclusion (other than to your U.S. citizen spouse),
- That exceeded the \$148,000 annual exclusion for gifts to a noncitizen spouse,
- That you wish to split with your spouse to take advantage of your combined \$28,000 annual exclusions,
- To a Section 529 college savings plan for your child, grandchild or other loved one and wish to accelerate to five years' worth of annual exclusions (\$70,000) into 2016,
- Of *future* interests - such as remainder interests in a trust - regardless of the amount, or
- Of jointly held or community property.



### When filing *isn't* required

No return is required if your gifts for the year consist solely of annual exclusion gifts, present interest gifts to a U.S. citizen spouse, qualifying educational or medical expenses paid *directly* to a school or health care provider, and political or charitable contributions.

If you transferred hard-to-value property, such as artwork or interests in a family-owned business, consider filing a gift tax return even if you're not required to. Adequate disclosure of the transfer in a return triggers the statute of limitations, generally preventing the IRS from challenging your valuation more than three years after you file.

### Meeting the deadline

The gift tax return deadline is the same as the income tax filing deadline. For 2016 returns, it's April 18, 2017 (or October 16 if you file for an extension). If you owe gift tax, the payment deadline is also April 18, regardless of whether you file for an extension.

Have questions about gift tax and the filing requirements? Contact Paul V. Conforti at 570-424-0667.

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**from Bustles to Business Cards:**  
**The Monroe County Women's Commission**  
*presents*  
**Business Networking and**  
**Historical Presentation for**  
**Women's History Month**



**When:** Wednesday, March 15, 2017 from 5-7pm

**What:**

- 5pm: Business Card Exchange and Networking. Cash bar, refreshments and Wine Tasting by Blue Ridge Winery
- 6pm: Presentation: "Her Story: The Women Who Helped Shape Monroe County, PA" by Amy Leiser. Free. Call to reserve your seat.

**Where:** Whispering Pines Banquet Hall, 1445 Big Ridge Drive, East Stroudsburg, PA 18302 (in between Marshall's Creek and Bushkill; head north on Big Ridge Drive for 1.6 miles from 209/Milford Road.)

**RSVP / Sponsorship Opportunities:** For sponsorship opportunities, questions, or to reserve your seat, please contact Patrice Dume at 570-223-8920, x124. [pdume@mstownship.com](mailto:pdume@mstownship.com).

On March 15<sup>th</sup> at the Whispering Pines Banquet Hall, all are invited to attend a business networking session from 5-6pm followed by a "herstory" presentation by Amy Leiser, Director of the Monroe County Historical Association, about Pocono women who built (and are still building) Monroe County.

## Business Card Exchange

The Business Card Exchange was held on February 9th at St. Luke's Hospital Monroe Campus.



*Business Card Exchange at St. Luke's Monroe Campus*

The next Business Card Exchange will be held on Thursday March 16, 2017 at Ray Price Mt. Pocono Ford.

Sponsorships are available for future business card exchanges. For more information, please contact the Chamber at 570.421.4433.

## Free Seminar Series - February



*Free Seminar Series Presentation on February 21, 2017*

The "Free Seminar Series for Chamber Members Only" was held on February 21st at the Holiday Inn Express in Stroudsburg. The topic "Today's Marketing Pitfalls and the Power of Plurals" was presented by Stephanie Fairbanks of Pocono Record. These seminars will be scheduled once a month, and will feature a different topic pertaining to business. For more information, or if you have a topic you would like to present, please contact the Chamber of Commerce at 570.421.4433.

## Women in Business

The February Women in Business luncheon, sponsored by Lehigh Valley Hospital-Pocono, was held at Peppe's Bistro in East Stroudsburg. George Roberts was the presenter of the topic "How to Talk to the Media."



*Elizabeth Wise, of Lehigh Valley Hospital-Pocono (sponsor)*

*George Roberts, Topic Presenter*

The March luncheon will also be held at Peppe's Bistro. The topic "How to Protect Your Business From Fraud" will be presented by Scott Miller of Riley and Company, and will be sponsored by Monroe County Women's Commission.

For more information on upcoming WIB lunches, to donate a door prize, or to sponsor a luncheon, please contact Miriam Conway at 570.421.4433.

**Business Card Exchange and other Sponsorships Available for 2017!**

**We are also looking for a business who would like to host a Business Card Exchange.**

**Please contact Pat Metzgar at the Chamber at 570.421.4433**

## Welcome New Members

The following new members are not listed in the 2015-2016 Membership Directory & Buyer's Guide. Please be sure to add this page to your copy of the Directory.

### **Barry Isett & Associates, Inc.**

John DeCusatis  
525 Main Street  
Stroudburg, PA 18360  
570.285.8200  
570.285.8201  
jdecusatis@barryisett.com  
www.barryisett.com

#### **Engineers**

### **Jodey Mutchler**

7248 Hickory Lane  
Stroudburg, PA 18360  
570.688.5656  
jodey13@yahoo.com

#### **Individuals**

### **Ngozi Onuoha**

216 Pin Oak Road  
Stroudburg, PA 18360  
908.397.7230  
570.872.9488  
bekee12@gmail.com

#### **Individuals**

### **Phoenix Athletica**

Jeanine Hofbauer  
P.O. Box 299  
Pocono Lake, PA 18347  
(LOC): 2564 Route 940,  
Pocono Summit, PA  
18346  
570.243.8880  
lindsay@phoenixathletica.com  
www.phoenixathletica.com

#### **Health-Fitness**

### **V-One Embroidery & Screen Printing**

Kin Roberts  
246 Stadden Road  
Tannersville, PA 18372  
350.664.2700  
570.664.2701  
kin@v-oneembroidery.com  
www.v-oneembroidery.com

#### **Embroidery-Screen Printing**

# IMPACT



## Executive Committee

*George Roberts* - Chairman of the Board  
*Debi Cope* - First Vice Chairman  
*R. Douglas Olmstead* - Treasurer  
*Tom Sforza* - Secretary  
*Conrad Schintz* - Assistant Secretary  
*John Holahan* - Past Chairman

## Staff

*Robert Phillips* - President/CEO  
*Patricia Metzgar* - Vice President, Operations/Development  
*Miriam Conway* - Executive Assistant

## Board of Directors

Madeline Anderson	Sarah Raley
Michael Baxter	Alana Roberts
Brandie Belanger	Lisa Rohland
Rich Berkowitz	Linda Salas-Mamary
Vinny Bianchi	Don Seiple
William Blake	William Skinner
Denise Cebular	Marc Troutman
Bill Colavito	Dr. Marcia G. Welsh
Alex Grum	Carl Wilgus
Bob Hay	Theresa Yocum
Mike Katz	
Chris Kurtz	
Sal Lombardo	
Philip Pope	

# IMPACT

Visit us at [www.greaterpoconochamber.com](http://www.greaterpoconochamber.com)

Greater Pocono Chamber of Commerce  
556 Main Street  
Stroudsburg, PA 18360-2093

Phone: (570) 421-4433  
Fax: (570) 424-7281  
URL: <http://www.greaterpoconochamber.com>

***"The Voice of Business in the Poconos"***